

Open House at Fire Station 4

The Newton Fire Department is holding an Open House at Station 4, 195 Crafts St., on Tuesday, Oct. 5, from 1-5 p.m. October is National Fire Prevention Month with "Fire Prevention Week" taking place from Oct. 3-9. Papa Gino's, in conjunction with the National Fire Protection Association, is teaming up with local fire departments to help educate the community on fire prevention.

Some of the exciting visuals will include firefighters demonstrating the way to escape a smoke-filled room; fire prevention tips and training; and Sparky, the fire safety mascot, interacting with the children. Each year, fires claim hundreds of lives throughout New England. Fire Safety Open Houses are geared towards educating the community and preparing them for potential fires. Each year, these Open Houses help to better prepare families in the event of a fire and hopefully save lives.

For more information about the Fire Prevention Open Houses in your coverage area, please call Marianne Sabella at 508-435-2020. For additional information about this open house, please contact Lt. Robert Rockey or Lt. Richard Toli at 617-796-2230.

Programs at The Wellness Community

The Wellness Community, Echo Bridge Office Park, 1039 Chestnut St., Newton Upper Falls, offers the following programs:

Wednesday, Sept. 15: Life Designs: Creating Clarity and Purpose is a six-session, holistic program, from 10 a.m. to noon. RSVP. Yoga provides stress reduction for people with cancer and their caregivers, from 3:30 to 4:45 p.m.

Friday, Sept. 17: Expression Through Art provides an alternate way for adults with cancer to express themselves in a relaxed environment, from 12:15 to 2:15 p.m. RSVP.

Monday, Sept. 20: TWC Knitting Circle, those interested in knitting sit together and share

ing, build basic drawing skills, from 2:30 to 4:15 p.m. RSVP. Mah Jong, from 4 to 5:30 p.m. RSVP. Nutrition and the Digestive System offers nutritional guidelines regarding optimal digestion, from 7:15 to 9:15 p.m. RSVP.

Tuesday, Sept. 21: Contemplative Yoga utilizes posture and breath to establish a healthy balance, from 9:30 to 10:30 a.m. Qi-Gong is a system of Chinese health care that combines physical training, preventative and therapeutic medicine to provide stress reduction and relief, from 2:30 to 3:30 p.m. Tai Chi is an ancient form of exercise known for its relaxing, energizing and health-enhancing benefits, from 3:45 to 4:45 p.m. Update on Ovarian Cancer will be led by doctors Arlan Fuller and Michael Seiden, from 6:30 to 8:30 p.m.

For directions or more information, visit www.wellnesscommunity.org. To RSVP, call 617-332-1919.

Chess Studio on the Hill opens

Chess Corps Inc., in partnership with Hebrew College of Newton, is proud to announce the launch of "The Chess Studio on the Hill," a unique program using chess as a tool for educational and social development for the general public and special needs populations. Conceived by Chess Corps and successfully piloted under the umbrella of Hebrew College, this first of its kind offering will be guided by Valery Frenklakh, Fide Master Chess Corps, director of programs and services, and well-known chess educator in Massachusetts. The program is supported through the Fund for the Studio on the Hill of the Chess Corps and Hebrew College and through the generosity of its patrons, donors, private foundations and the public.

Open to all skill levels from beginner to advanced, the program will offer a rich variety of activity, including instruction, casual play, simultaneous exhibitions and lectures, rated and unrated tournaments, as well as other special events. A chess library and an archive are being established.

Oct. 3, 2:30-6:30 p.m., Hebrew College, 160 Herrick Road, Newton. Membership in Chess Corps is included as part of the subscription of \$250 per semester. A reduced rate is available for seniors, students and other qualified individuals upon request. Refreshments will be served. For the calendar of meeting dates and times, please visit www.chesscorps.org or for more information, please contact Valery Frenklakh at vf1999@comcast.net or 617-549-1491.

Send care packages to troops in Iraq

Evans Park at Newton Corner assisted living community is holding a care package drive to make life a little more comfortable for U.S. troops in Iraq. Donations such as sunscreen, double AA batteries, beef jerky and playing cards will be sent to U.S. Marines on the front lines. The public is welcome to join the residents and staff at the Evans Park community in making and collecting donations. The drive will continue through Sept. 24. Items may be donated between 9 a.m. and 5 p.m., seven days a week, in the front lobby, 430 Centre St., Newton. Ample parking available at rear of building. Donors are asked to refrain from contributing obscene materials, pork or pork by-products, religious materials contrary to the Islamic faith and candy or items that will melt. For information or a more complete list of recommended donation items, call Nancy Testa or Mary Dewling at 617-965-9400, or Scott McCaskey at 757-625-2518.

Rally for Republican City Committee

The Newton Republican City Committee will be holding a Rally on Wednesday, Oct. 6, at the Union Street Restaurant, 107R Union St. in Newton Centre at 7 p.m. The rally is free. Come and meet fellow Newton Republicans and enjoy some hors d'oeuvres, cash bar and pool table. Learn how you can get involved and make your voice heard this election year. For more

Newton Republican Party, call Gloria Gavis, Ward 7 Republican Committee chairwoman, at 617-480-3646 or e-mail gavisrlaw@comcast.net.

Running Club and Walk to Jog at the Y

The West Suburban YMCA is hosting a weekly Running Club, 276 Church St., Newton Corner. Members meet every Tuesday, from 7 to 8 p.m., to run the streets of Newton. Newcomers welcome. \$5 a week for members; \$8 a week for nonmembers.

There is also a Walk to Jog, which is a seven-week program that meets every Tuesday and Thursday, from 6:15 to 7 p.m. The program will steadily increase from walking to running. \$50 members; \$75 nonmembers. For more information, call Judy Gettner, 617-244-2130, ext. 3034. For a full schedule of YMCA programs, visit www.YMCAinNewton.org.

Y's Youth/Teen Service planning meeting

The West Suburban YMCA welcomes youth and teens for its first Youth/Teen Service planning meeting on Thursday, Sept. 23, at 5 p.m. at 276 Church St., Newton Corner. Members are encouraged to bring ideas on how they can get involved in helping the community. For more information, call Greg Ellenberg, 617-244-2130, ext. 3006. For information about additional programs, visit www.YMCAinNewton.org.

Rehearsals for Koleinu Chorus

Koleinu Jewish Community Chorus of Boston will hold its first rehearsal at 7:30 p.m. on Sept. 23 at Hebrew College in Newton Centre. Koleinu performs a wide range of Jewish music under the direction of Carol Marton. Rehearsals are held Thursdays, 7:30-9:45 p.m., from September to June at Hebrew College. This year, our first three rehearsals will be on Sept. 23, Oct. 14 and Oct. 21. There is no pressure to join this non-auditioned chorus, just the desire to